

The cities listed here are the 114 Mid-sized Metropolitan Statistical Areas,
ranging in population from approximately 500,000 to 200,000. **Butler County Ohio #90**

114 Mid-size Metro Areas (Ranked in order from most stressful to least stressful)

Rank	Metro Area	Rank	Metro Area
		36	Biloxi-Gulfport-Pascagoula, MS
1	Galveston-Texas City, TX	37	Richland-Kennewick-Pasco, WA
2	Flint, MI	38	Pensacola, FL
3	Fort Pierce-Port St. Lucie, FL	39	Visalia-Tulare-Porterville, CA
4	Bremerton, WA	40	Myrtle Beach, SC
5	Beaumont-Port Arthur, TX	41	Lawrence, MA-NH
6	Lakeland-Winter Haven, FL	42	Atlantic-Cape May, NJ
7	Daytona Beach, FL	43	Greeley, CO
8	Modesto, CA	44	Savannah, GA
9	Brazoria, TX	45	Vallejo-Fairfield-Napa, CA
10	Shreveport-Bossier City, LA	46	Wilmington, NC
11	Salem, OR	47	Chattanooga, TN-GA
12	Spokane, WA	48	Fort Smith, AR-OK
13	Santa Cruz-Watsonville, CA	49	Santa Rosa, CA
14	Olympia, WA	50	Worcester, MA-CT
15	Melbourne-Titusville-Palm Bay, FL	51	Macon, GA
16	Rockford, IL	52	Salinas, CA
17	Eugene-Springfield, OR	53	Lowell, MA-NH
18	Lafayette, LA	54	Augusta-Aiken, GA-SC
19	Montgomery, AL	55	Springfield, IL
20	Ocala, FL	56	Brockton, MA
21	Merced, CA	57	Killeen-Temple, TX
22	Huntington-Ashland, WV-KY-OH	58	Laredo, TX
23	Corpus Christi, TX	59	Waterbury, CT
24	Longview-Marshall, TX	60	Boise City, ID
25	Chico-Paradise, CA	61	Odessa-Midland, TX
26	Columbus, GA-AL	62	Bridgeport, CT
27	Saginaw-Bay City-Midland, MI	63	Boulder-Longmont, CO
28	Fort Myers-Cape Coral, FL	64	Reno, NV
29	Hickory-Morganton, NC	65	Canton-Massillon, OH
30	Charleston, WV	66	Jackson, MS
31	Kalamazoo-Battle Creek, MI	67	Fayetteville, NC
32	Anchorage, AK	68	Springfield, MO
33	Naples, FL	69	Reading, PA
34	Yakima, WA	70	Johnstown, PA
35	Johnson City-Kingsport-Bristol, TN-VA	71	Davenport-Moline-Rock Island, IA-IL

72	Clarksville-Hopkinsville, TN-KY	112	Utica-Rome, NY
73	Trenton, NJ	113	Santa Barbara-Santa Maria-Lompoc, CA
74	Tallahassee, FL	114	Provo-Orem, UT
75	Waco, TX		
76	Brownsville-Harlingen-San Benito, TX		
77	Erie, PA		
78	Amarillo, TX		
79	Huntsville, AL		
80	Lansing-East Lansing, MI		
81	Evansville-Henderson, IN-KY		
82	Roanoke, VA		
83	Gainesville, FL		
84	Manchester, NH		
85	Newburgh, NY-PA		
86	South Bend, IN		
87	York, PA		
88	Fort Collins-Loveland, CO		
89	Duluth-Superior, MN-WI		
90	Hamilton-Middletown, OH		
91	Asheville, NC		
92	Peoria-Pekin, IL		
93	Lexington, KY		
94	Lynchburg, VA		
95	Portland, ME		
96	Lubbock, TX		
97	Fort Wayne, IN		
98	Portsmouth-Rochester, NH-ME		
99	New London-Norwich, CT-RI		
100	Dutchess County, NY		
101	Green Bay, WI		
102	Appleton-Oshkosh-Neenah, WI		
103	San Luis Obispo-Atascadero-Paso, CA		
104	Fayetteville-Springdale-Rogers, AR		
105	Des Moines, IA		
106	Binghamton, NY		
107	Lincoln, NE		
108	Stamford-Norwalk, CT		
109	Danbury, CT		
110	Lancaster, PA		
111	Madison, WI		

View the [Sources](#) of the study's data.